

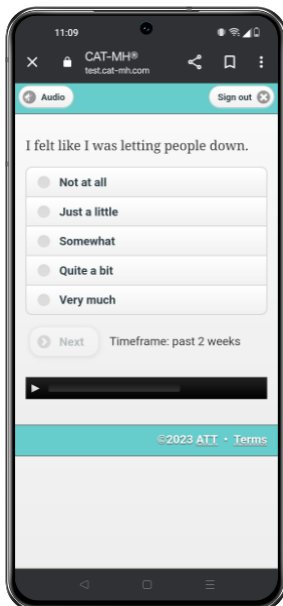
# Why am I taking the K-CAT®?

It's important to think about how you feel inside and make plans to take care of yourself. The K-CAT® helps make this easier and faster, so when you see your doctor, you can talk about ways to feel better.

## WHAT IS THE K-CAT®?

The K-CAT® will ask you questions about your life and how you have been feeling.

You can take the K-CAT® on a device like a phone, tablet, or computer on your own, or with help from an adult.



## WHO WILL SEE MY ANSWERS?

Your doctor will look at your answers to better understand how you have been feeling lately.

Your parent may also be asked questions about how you are doing to help the doctor.

These questions will help your doctor learn more about how you have been feeling so they can help you.

It will only take a few minutes, and the questions can be read out loud to you.